

**Federal State Autonomous Educational Institution of Higher Education  
I.M. Sechenov First Moscow State Medical University of the Ministry of Health of the  
Russian Federation  
(Sechenov University)**

**DECREE**

**29.12.2018**

**№ 1506 /P**

**About providing psychological assistance**

In compliance with article 34 of the Federal Law of 29.12.2013 №273-ФЗ “On the education in the Russian Federation” in order to ensure provision with the necessary conditions for education taking into account special features of psychophysical development and health conditions of the students and teachers of the University.

**I ORDER:**

1. To affirm the Regulation on psychological assistance provision (Annex).
2. Vice-rector for Academic Affairs, Tatyana M. Litvinova to ensure functioning the permanent University staff group providing with psychological assistance.
3. Vice-rector for Administrative and Economic Affairs Ivan I. Ryazantsev to assign the room for holding face-to-face consultations.
4. Head of Strategic Communications and Information Policies Department Boris V. Davydov to ensure information support of the activities on psychological assistance of the students.
5. To reserve the right to monitor the implementation of the Order on Vice-rector for Academic Affairs Tatyana M. Litvinova.

Rector

Petr V. Glybochko

Regulation  
on psychological assistance provision

1. Regulation on psychological assistance provision represent a local regulation of Federal State Autonomous Educational Institution of Higher Education I.M. Sechenov First Moscow State Medical University of the Ministry of Health of the Russian Federation (Sechenov University) which sets the order of psychological assistance to the students and teachers including detection of psychological reasons for defects of personal and social development and prevention of conditions for occurrence of such defects (hereinafter – psychological assistance), taking into account the new requirements to psychologic and pedagogic conditions for realization of the curricula to ensure risk reduction of distress and desocialization (negative socialization) of students and teachers.
2. For psychological assistance the Chief of the permanent University staff group (hereinafter – psychological services) is assigned. In case of holding face-to-face consultation, Vice-rector has the right to involve the University staff from the teaching staff having the corresponding professional education with the compulsory invitation of a psychologist.
3. Goals of psychological services:
  - Creation of the infrastructure of the safe psychological environment for the students and teachers which could meet social needs in solving psychological issues of the positive socialization, upbringing, education and rehabilitation of children and young people;
  - Creation of the infrastructure of the educational environment ensuring individualization of teaching, development, upbringing and education of the students showing outstanding abilities;
  - Enhance of social and economic efficiency of involvement of the society into the system of education off human capital formation, social consolidation and social stability reinforcement and optimization of cross-cultural communications.
4. Psychological services execute the objectives as follows:
  - Psychological analysis of the social situation of the University, identification of general questions and definition of the reasons for the occurrence, of ways and means of the resolution;
  - Cooperation in creation of the conditions for maintenance and improvement of psychological and psychic health, giving psychological support and cooperation in difficult life situations
  - Participation in design and creation of developing safe educational environment in the University
  - Psychological provision with curricula for adaptation of the contents and methods of the exploitation to intellectual and personal abilities and special features of the students;
  - Prevention and overcome of the deviations in social and psychological health;

- Consultative activities – assistance to the students and their parents (or legal representatives), teachers in development, upbringing and education by means of psychological consultation
  - Organization and participation in events for prevention and correction of deviation (aggressive, addictive, victim, suicidal, etc.) of the behavior and delinquent (illegal) children and youth behavior taking into consideration age and individual features
  - Cooperation in realization of the programmes of spiritual and moral education of the students
  - Participation in in development of student cross-cultural competency and tolerance, prevention of xenophobia, extremism and ethnic conflicts
  - Maintenance and improvement of health of the students and teachers including implementation of health-saving technologies in the educational process, health monitoring, optimization of load for the students, formation of health culture and healthy lifestyle, education of conscious stable negative attitude to alcohol, psychoactive substances, drugs, tobacco smoking and other bad habits
5. Psychological services activities are executed in close contact with interested structural bodies of the University – dean’s offices, educational departments and other bodies responsible for the realization of educational programmes along with insurance the security of the students and staff of the University.
6. Consultation is performed at the appeal to psychological services by means of electronic appeal for the Email [psiholog@student.sechenov.ru](mailto:psiholog@student.sechenov.ru) by the results of which direct interview with the applicant in agreeing on the date and time of face-to-face consultation (if necessary) is held